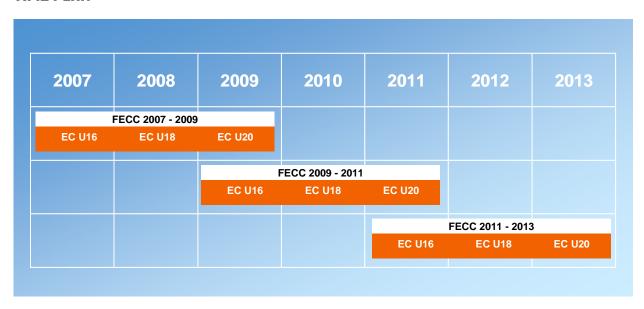
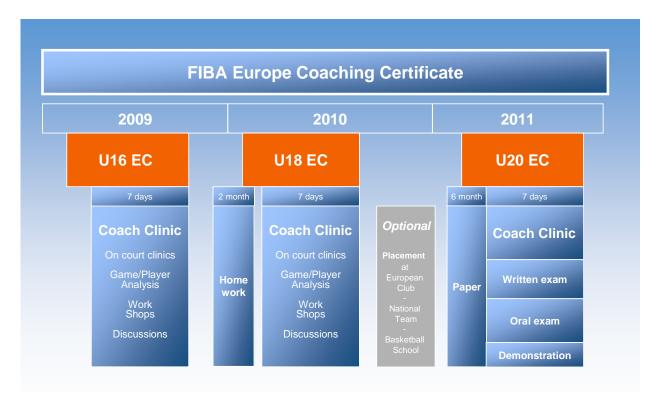


# **ANNEX**

## **TIME PLAN**





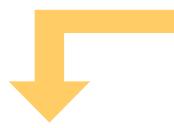




## **CURRICULUM OF CLINICS**

## **U16 EC - Coaching Clinic:**

- Selection of Talent
- Player Profiling
- Individual development of a player
  - Inside player
  - Perimeter players
  - Shooting
- Macro Cycle Practice Planning
- Doping
- First Aid for Coaches
- Nutrition
- Strength & Conditioning I



## **U20 EC - Coaching Clinic:**

- Group Tactics
  - P&R Offense & Defense
- Team tactics
  - Defensive concept (4-4 and 5-5)
  - Transition Offense & Defense
- Weight lifting
- Coaching philosophies & tactics
- Team management
  - Team chemistry
  - Team building
  - Leadership



## **U18 EC - Coaching Clinic:**

- Individual techniques
  - Getting open (Cuts)
  - Give & go
  - Rebounding, boxing out, outlet pass
- Individual techniques & tactics
  - Role of the position 4 player in the modern basketball
  - Improve shooting: Shooting out of transition
- Group tactics
  - Off ball screens Offense & Defense
  - Defensive Concept 1-1 to 3-3 Help side, deny
  - Spacing and Penetrate & Pass
- Basics of mental coaching & performance issues in team sports
  - Monitoring a U18 NT coach
  - Mental analysis of players
  - Teambuilding
- Long and short term players' development plan
  - Career planning
  - Season planning
- Strength & Conditioning II
- Rules





## **FECC PROJECT GROUP MEMBERS**

#### • FECC Mentor: Svetislav Pesic

- Only Coach to win European and World Championship Titles in all FIBA Competitions
- Only Coach to win a European Championship with two different countries (Germany - 1993 and Yugoslavia - 2001)
- World Champion with Yugoslavia 2002
- Winner of the Triple with FC Barcelona 2003
- Only active Coach to win the EuroLeague as Player and Coach
- Coach of the Year in Europe (2003)
- Mutual National Champion and Cup winner in different countries Yugoslavia, Germany, Spain
- Korac CUP Winner with Alba Berlin 1995
- EURO CUP Winner with Akasvayu Girona 2007



## **Lucien Legrand**

- Director of Basketball at the »National Institute of Sport and Physical Education in Paris»
- Head coach France Cadet teams since 1989
  - 1st place U16 EC 1995
- Assistant Coach France Senior Men 1989 1993



## **Nihat Izic**

- Head Coach Turkey U20 Men
- Assistant Coach Turkey Senior Men
  - 2nd place U20 EC 2006
  - 2nd place U18 EC 2004
  - 2nd place U18 EC 1994
  - 1st place U16 EC 1995









## Pablo Laso

- Head Coach Bruesa-Guipuzcoa BC (ACB)
- Head Coach Pamesa Castellon (LEB2) 2004-2005
- Head Coach Alerta Cantabria Lobos (LEB) 2005 2007
- National Team Player Spain
  - More than 100 games



## **Gordon Herbert**

- Assistant Coach Toronto Raptors 2008/09
- Head Coach:
  - Aris TT Bank (Top 16 Euroleague 2008)
  - Pau Orthez (Top 16 Euroleague 2007)
  - Opel Skyliners (German Champion 2004)
  - Georgian National Team (2005)
  - Head Coach Finnish Junior National Team (1995 1997)
  - \_
- Assistant Coach Canada Senior Men
  - World Championships 2002



#### Henrik Dettmann

- Head Coach Finland Senior Men
- Former Head Coach Germany Senior Men 1997 -2003
- 3rd place World Championships 2002
- 4th place European Championships 2001
- EURO CUP Winner with MBC, Germany 2004
- Coach of the year (all sports) in Finland 2002
- Basketball Coach of the year in Germany 2002







## **Dr. Duncan French** (Strength & conditioning expert)

- Strength and Conditioning Coach
  - English Institute of Sport
- Strength & Conditioning Coordinator
  - Great Britain Performance Basketball
  - National Programmes Senior Men and Women



## Aysim Altay (Human Behavioral Consultant & Trainer)

- Education: NLP, Cognitive Behavioral Therapy, Sedona Method, Hemispheric Kinesiology, Time Line Therapy, Persuasion Engineering, Milton Erickson Hypnosis, Design Human Engineering, Remote Viewing, Expressive Art Therapy, Mental Imagery, Sophrology
- Worked with: Turkish Basketball and Soccer Federation, Fenerbahce Basketball Team Players, Ski National Racing Team, Toyota, Turkcell, Nokia, Bosch, Braun, CPG Ericsson, Fiat, Mercedes, Garanti Bank, H&M, IKEA, NOC Turkey, Turkish Navy, ...



